

HUMAN MOVEMENT AND HEALTH SCIENCE EDUCATION

Teaching Licensure (Optional): PHYSICAL EDUCATION (P-12) HEALTH EDUCATION (P-12)

8-Semester Plan

A minimum of 126 credit hours required for Graduation

MISSION: the mission of the Human Movement and Health Science Education Program is to prepare educational leaders who promote quality programs for physical and health education, physical activity, fitness, recreation and sport in a variety of settings.

Fall Freshman 17

PE 128 – Introduction to Health ED	2
PE 202 – Skills Series (basketball/soccer)	1
PE 203 – Skills Series (pickleball/golf)	1
FYS– First Year Seminar	3
NW – Natural World Biology w/ Lab	5
ED 112 – Introduction to Profession	2
ED 245 – Computers in Education or ED 199	3

Spring Freshman 16

PE 127 – Introduction to Physical ED	2
AR – Analytical Reasoning	3
FYS – First Year Seminar	3
PE 205 – Skills Series (ultimate/handball)	1
TI-Text and Ideas	3
PWB – Physical Well Being -- Dance	1
PE224 – Coord School & Comm. Health	2
PE207 – Skills Series (CC, Track & Field)	1

Fall Sophomore 18

PE 204 – Skills Series (tennis/badminton)	1
PE 235 – Educational Gymnastics	2
PE 297 – Intro to Internships in PE	2
PE 253 - Motor Learning	2
ED 299 - Integrated CORE II Block*	6
ED 242 - Foundations of Sp. Ed*	2
GHS--Global & Historical Studies	3

*Required co-enrollment

Spring Sophomore 18

PE 206 – Skills Series (softball/volleyball)	1
PE 324 – Human Anatomy & Phys. of Ex	5
PE 237 – Educational Games & Dance	3
GHS – Global & Historical Studies	3
PE 240 – Foundations Fitness & Health	2
PE 261 – Theory & Practice Coaching	2
<i>Electives</i>	2

Fall Junior 18

ED 227S Intro to Middle Grades	3
PE 321 – Measurement & Evaluation	3
PE 322 – Concepts in Health Education	3
PE 330 – Introductory Methods for PE	3
PE 323 – Kinesiology	3
<i>Electives</i>	3

Spring Junior 18

PE 352 – Exercise Prescription	3
PE 325 – Adapted Physical Education	3
PE 331W – Methods Early/Mid Childhood	5
ED 492 – Special Education Law (1)	1
ED 398 – English Language Learners	3
<i>Electives</i>	3

Fall Senior 16

PE 335C – Methods Middle/Secondary	5
PE 438 – Sport Cond. Resistance Train	3
PE 218 – Water Safety Instruction	2
PCA – Perspectives in Creative Arts	3
<i>Electives</i>	3

Spring Senior 9-12

ED 434C – Student Teaching Seminar	2
ED 423 – Student Teaching Middle School	5
ED 425 – Student Teaching High School	5
OR	
PE 445 – Internship in Physical Education	9
PE 445 -- Internship Seminar	0

This 8-semester plan is **one example** for meeting graduation requirements for the Human Movement and Health Science Education Program. **Consult your Academic Advisor for individual guidance and recommendations.**

Note 1: some classes are offered in the fall or spring ONLY; some are offered both fall and spring

Note 2: select summer course offerings are determined annually

Note 3: many courses have prerequisites

Study Abroad: Recommendations are 1) summer before Fall Junior and Fall Senior years, 2) Fall Junior semester, and 3) Student Teaching.