Problem: Now more than ever, students are struggling with mental health challenges, financial insecurity, homelessness and hunger – all of which contribute to students’ holistic well-being and opportunity to succeed. Regrettably, no assessment measures if an institution’s well-being initiatives are counteracting these challenges and appropriately meeting students’ needs.

Solution: Through the Student Well-being Institutional Support Survey (SWISS), we can assess how well an institution supports its students’ holistic well-being and identify opportunities to improve support.

- Since 2020, our team, led by Dr. Bridget Yuhas and a team of data analysts and higher education professionals, administered the SWISS at nearly 20 institutions and collected more than 12,000 student responses.
- The data allows institutions to collect student perceptions of areas of strength and opportunity by measuring more than five areas of well-being, including:

  - Inclusion, Diversity, Equity & Accessibility
  - Physical & Mental Health
  - Financial Literacy
  - Meaning & Purpose
  - Social & Intellectual Well-being

Why: Increased student well-being supports students’ success and leads to positive outcomes for students and institutions. Research shows that:

- Students who sleep more and who eat more nutritiously have higher GPAs.
- Strong social wellbeing can help college students effectively manage their stress.
- Interacting with difference helps to promote learning and development.
- Engagement in learning communities, study abroad, and undergraduate research is related to increased democratic awareness and participation.
- Institutions who support students’ emotional well-being have higher retention rates and greater alumni engagement.

How you can support your students: please visit our website or contact us at swiss@butler.edu to enroll your institution.

- During the entire 2021-2022 academic year, the SWISS can be administered free of charge at interested institutions.
- The Institute for Well-being will manage most aspects of your administration, including contacting student respondents and compiling reports from your results.