

The Drug Free Schools and Campuses Act Biennial Review

*This review covers academic years (Aug 1 – July 31) for 2018-19 and 2019-20

Report Contributors

Scott Peden, Executive Director for Student Health & Recreation

Sally Click, Dean of Student (retired)

Katie Wood, Assistant Director for Health Promotion

Jules Arthur-Grable, Sexual Assault Response & Prevention Specialist

Martha Dziwlik, Interim Dean of Students

Bridget Bucey, Interim Director of Housing

Shana Markle, Associate Director for Counseling

Diane Sweeney, Assistant Chief of Police

Katy Maher, Campus Dietician

Overview

Throughout this biennium, the goals of Butler University's alcohol and drug prevention and education efforts have been to:

- Educate students about the effects of alcohol and drugs and the potential for harmful outcomes of use, misuse, and abuse of such substances.
- Inform students of policies and laws associated with alcohol and illegal substance use and abuse.
- Provide support services for those who need assistance.
- Formulate decisions and allocate institutional resources based on localized data, content knowledge and best practices in the AOD field as it pertains to the collegiate environment.

Although aspects of our student directed alcohol and drug programs are focused in several units to include Health Promotion, Residence Life, and the student conduct process, many entities contribute to our educational and enforcement efforts. Support services are available through Health Services, Counseling and Consultation Services, and the Recreation & Wellness/BUBeWell. Education and enforcement efforts are coordinated with the Butler University Public Safety department. Additionally, many academic areas contribute to knowledge acquisition and awareness in these areas particularly the College of Pharmacy and Health Sciences.

Highlights during 2018-2020

BUBeWell Framework – [BUBeWell](#) has taken the role as THE framework for all things considered ‘wellbeing’ at Butler. An intentional focus on the components of the model can be found in any number of ways throughout campus. Our efforts have been highlighted in a number of publications and our staff have been invited to speak at several local and national events. While our model is holistic, a big part of our strategies to reduce harm from alcohol and drug use is integrated here. As listed on the BUBW website, “The eight dimensions of Butler’s BUBeWell framework are the foundation for a transformative and holistic Butler experience. Through BUBeWell, we foster a positive environment that helps students, faculty, and staff grow, learn, and be the best version of themselves. Butler provides many robust opportunities to develop, both inside and outside of the classroom, through each of the eight dimensions of BUBeWell. NIRSA and NASPA’s statement, [Health and Wellbeing in Higher Education: A Commitment to Student Success](#), highlights strategic commitments from both associations in pursuit of innovating, supporting, and fostering a holistic, integrated, and strategic approach to wellbeing. BUBeWell is a best practice as identified by [NIRSA](#) and [NASPA](#).”

New ‘No Smoking/Vaping/Nicotine Policy Approved – In the fall of 2020 Butler University approved a new [‘No Smoking/Vaping/Nicotine policy](#). This policy will go into effect February 1, 2021. In part, the policy states “The use of any form of tobacco, nicotine, or vaping/smoking device is prohibited on the Butler University campus. This includes all buildings (including residence halls), parking structures, campus walkways, University-owned, leased, or rented vehicles; and privately-owned vehicles parked on University property. This policy applies to all students, faculty, staff, contractors, vendors, and visitors to all University properties.”

Assessment Tool Added – The MindWise Online Mental Health Screening Tool was purchased in the summer of 2019 after exploring different low-cost, mental health resources to provide to Butler students. MindWise was selected and purchased because with a low-cost annual subscription, students can access it for free, it is online, and it is an anonymous screening tool that offers a variety of mental health and substance use screenings, intended as a “check-up from the neck up”.

Access to Additional Mental Health Providers – [ThrivingCampus](#) is an updated listing of local mental health professionals. The site allows users to search by practice area, insurance coverage, gender, language, race, client age group, and more, and is intended to connect students, faculty, and staff to long-term therapy or specialized support. This tool is FREE to access.

New Training Offered - [Mental Health First Aid](#) is a skills-based training course that teaches trainees about mental health and substance-use issues. Two Butler staff members completed the 4-day intensive training and received their certification as a MHFA instructor. In the spring of 2020, approximately 40 faculty, staff, and students completed this training. More than 200 are registered to complete this training by April 2021.

Alcohol and Other Drugs Task Force Created – In spring of 2020, the Vice President of Student Affairs tasked the creation of a newly formed AOD task force. The role of this task force is to 1) reduce high-risk behaviors associated with alcohol and substance use, 2) work in an interdisciplinary and collaborative manner to review policies and programs to ensure alignment with evidence-based best practices, and 3) to maintain an inventory of data, programs, and policies focusing on reduction of high risk behaviors associated with alcohol and other substances in a college setting.

Policies

Student alcohol and drug policies are reviewed and updated annually in preparation for inclusion in the student handbook that is published by August opening each academic year. This publication contains all University guidelines, policies and campus resources and is [provided online](#) for easy access. Students are made aware of the handbook in several ways:

- All students receive a targeted email message at the onset of the fall semester. Entering students in January receive the same. This links to the student conduct and handbook websites.
- Student Handbook announcements are sent to the entire Butler community in early fall using our daily email announcement (Butler Digest).
- The Financial Aid Office sends a targeted all-campus announcement via email to all students drawing specific attention to the alcohol and drug information contained in the handbook.
- New students are introduced to alcohol and drug policies by staff during residence hall unit and commuter meetings held prior to the start of classes.
- Student-athletes are informed of policies and NCAA regulations through targeted meetings and programs.

In 2018, the University's alcohol policy leads with a clear Indiana Lifeline statement that conveys an expectation that students will seek immediate medical attention when someone's wellbeing is in jeopardy. It states when a Lifeline Law applies to a situation, students will not be held responsible for conduct code violations. The Sexual Misconduct Policy has similar language saying those that report sexual misconduct will not be held responsible for alcohol/drug violations.

Policy Enforcement

Primary enforcement of the university's alcohol and controlled substance policies is done by residence life staff and administrative staff in the office of the Vice President for Student Affairs. Student resident assistants generate incident reports when they encounter violations. Community Directors hold administrative hearings for students whose violations occur within the residence facilities. A Residential Life staff member meets with the students for repeated hall violations and is involved immediately when controlled substances are alleged. The Assistant Dean of Students hears low-level cases that occur external to the residential facilities

and conducts all formal administrative reviews where suspension/permanent dismissal are possible sanctions.

Additionally, University police reports feed into the student conduct system and provide information to CDs or to other student conduct officers who hear drug cases, repeated alcohol violations, and all alcohol violations that result in a student hospitalization or arrest. University police officers respond to alcohol and drug incidents according to their established protocols. The Dean of Students receives police incident reports that inform student conduct conversations.

Student Conduct Sanctions

To encourage a consistent response to policy violations by all student conduct officers, a conduct sanction guideline has been utilized since 2010. This guide is for internal use and delineates possible responses to first and subsequent violations of university policies, to include alcohol and drug violations. It is reviewed annually to reflect changes in law and/or policies. Conduct officers consider the circumstances of the violation along with an individual student's conduct history and the student's response to the allegation in the deliberation about sanctions.

A typical first response for an alcohol violation would be for the student to complete an alcohol education activity and write a reflection paper. Several writing prompts have been developed to assist students in filling gaps of knowledge and/or to evaluate their values and goals in light of any continued issues with alcohol misuse. Subsequent violations increase in intensity and severity of sanctions to include a mandated alcohol/drug assessment and suspension/permanent dismissal from the university.

Targeted student conduct sanctions address those students with demonstrated problem behaviors associated with alcohol/drug use or suspected dependencies.

- The Alcohol and Other Drug Seminar is offered throughout each semester. The two-hour seminar has been coordinated and convened by Butler's Counseling and Consultation Services (CCS) led by Shana Markle, PhD, HSPP. Students are directed in two ways – to an alcohol or a marijuana tract. Students are charged \$100 for the service. Participants provide pre-and post-seminar data regarding their readiness and desire to change as well as report what they have learned from the seminar. They are asked to provide written feedback to the seminar instructor, which has been consistently very positive. Data collection for the AOD seminar began with the 2015-16 academic year. Students were given a 15 question pre-and post-test covering information about alcohol and/or marijuana. In addition, participants were asked at the beginning of the seminar to indicate for both alcohol and marijuana separately 1) the importance of changing their use, 2) their confidence in changing their use, and 3) their motivation for changing their use. Due to COVID-19, this seminar has been offered virtually in the fall '20 semester and there has not been a pre or post-test.

- An observation continues to be the majority of student participants described events that resulted in their referral were the exception to their normal behaviors and have expressed a strong desire to keep from any future problems. Questions on the pre-test have been intentionally modified to update the didactic portion of the seminar. In addition, more time is afforded at the end of the seminar to discuss reasons to change or not change and how change can look.
- The Community Restoration Project (CRP) was instituted in fall 2012 for those who would benefit from assessing how their choices may impact others in their community. Those with second alcohol offenses are referred to this three-hour weekend campus/neighborhood clean-up that is facilitated by our Challenge Education staff. The project leader spends time with each participant to process why the student was referred and how their choices impact others. A charge of \$25 is levied to cover program costs and reflective writing is required of each participant. Students complete the experience with reflective writing. This program has been temporarily paused due to COVID and a professional staff vacancy but will resume likely in fall '21.
- Since the fall of 2009, students involved in problematic behaviors (often involving drugs and alcohol) have been directed to "Take the Challenge". This three-hour experiential learning program is led by the Challenge Education staff. Student participants are levied a \$25 fee to assist in covering the cost of the program. The curriculum explores with 6-10 students the concepts of self-awareness, self-control, and self-actualization. Participants complete the experience with reflective writing. An evaluation is conducted three weeks after the event. Without exception participants cite this as a pivotal learning experience that helps them redirect future behavioral choices. Data indicate that this program has the most positive recidivism rate of any conduct sanction.
- A mandated assessment process has been established with CCS staff. Students exhibiting problematic behaviors as a result of substance use/misuse are referred to CCS for assessment. Students sign a release of information to allow counselors permission to provide the referring conduct officer feedback and recommendations. The Office of the Vice President for Student Affairs coordinates these referrals with CCS staff who complete the assessment and determine the best course of action. If the student is determined to need further treatment, Dr. Markle will make a recommendation to the student and conduct officer that services are necessary and the most appropriate setting for the services (community provider or CCS). Student conduct sanctions are based on the recommendations that emerge from this assessment. Students may seek an assessment from a qualified off campus provider but convenience and cost make the on-campus option the choice for most mandated students. Students pay \$100 for the required assessment and if the student is appropriate for CCS and voluntarily agrees to participate in the services, no further charges will be incurred at CCS. If the student is determined to be a better candidate for therapy in the community (which may be due to the severity of the problem or a lack of insight or willingness to seek therapy) the student will be responsible for the cost of those services.
- Student conduct action for controlled substance offenses, other than marijuana, include referral to the AOC seminar, mandated assessments and required compliance with assessment recommendations.

- The Dean of Students informs parents/guardians/ via letter when students violate alcohol and controlled substances policies. For students under 21, parents generally receive notification on a second alcohol violation and then any subsequent alcohol offenses. Parents/guardians are notified on a first and subsequent drug offense. The Dean also informs coaches when student athletes are alleged to have violated alcohol/drug policies. The College of Pharmacy and Health Sciences is notified when COPHS students are found responsible for alcohol/drug policy violations. COPHS students have a professional code of conduct that applies and additional processes and sanctions may be applied after review by the college.

Student Conduct Cases

- 2018-19
 - 590 total cases
 - 336 involving alcohol (57%)
 - 73 involving other substances (12%)
- 2019/20
 - 373 total cases
 - 273 involving alcohol (73%)
 - 41 involving other substances (11%)

Legal Consequences

Butler Police respond to violations of Indiana alcohol and controlled substance laws. Students receive a summons arrest when warranted and, in addition to referral into the student conduct system, citations can be directed to the Marion County prosecutor for evaluation. In fall 2013, and offered each semester subsequently, the University policy host a diversion program in coordination with the prosecutor. Students who receive a summons may have the option to be directed to a half-day program that involves a review of alcohol/controlled substance laws, interaction with a community impact panel and involvement in community service. Those who complete the program and stay citation free for a year have the first summons suspended. Those who fail to meet the program criteria are subject to resolution of the summons through the Marion County courts.

- 24 Butler students participated in the BUPD/Marion County Prosecutor's Office diversion program in 2019. 22 participated in 2020.
- BUPD arrested 28 individuals for Minor in Possession in 2019, 13 in 2020 for alcohol offenses.

Butler Police (BUPD) have been responding consistently to underage alcohol consumption over this period by issuing a summons arrest except in situations that involve mental health, sexual misconduct and other areas covered by the Indiana Lifeline Law. This consistency has added an additional real-world layer of response to those who choose to consume or provide to minors.

In cooperation with the Marion County Prosecutor, BUPD offers an on-campus diversion program each semester to those who receive a summons. Butler students who are offered the diversion program have their initial citation expunged upon successful participation in the program and 12 months free of another citation.

Alcohol and Other Drug Educational Programming

BUpstanding Bystander Intervention Training is designed to teach students way to recognize and overcome their personal barriers to intervening by utilizing simple and effective tools to step in and help another person in a variety of situations. Many of the trainings in 2019 focused on how to intervene in situations that could lead to sexual misconduct.

Green Dot Program is a comprehensive approach to violence prevention that capitalizes on the power of peer and cultural influence across all levels of the socio-ecological model. The Green Dot curriculum is extensive and encompasses a variety of topics in order to effect the most culture change in a community focusing on bystander intervention strategies. The curriculum is comprised of two main pieces: 1) the Overview, which is intended to mobilize the whole community into action, and 2) the Bystander Training, which is intended to train socially influential individuals to role-model and endorse key attitudes and behaviors. This program began in May 2019.

Alcohol + You @ BU Presentation is a presentation that covers Butler-specific guidelines, policies, and data to educate incoming students around a variety of substance use topics. This presentation serves as a replacement and update to the Red Cup Culture series that was discontinued after Spring 2019. The Assistant Director of Health Promotion & Wellness designed the presentation and facilitated training for Student Orientation Guides (SOG's), who facilitated it with the incoming students during Orientation. This was a requirement of incoming students for Fall 2019 and Fall 2020.

AlcoholEdu - In Fall 2019, Butler launched AlcoholEdu, from EverFi, with its incoming students. This online platform is engaging and encourages students to reflect on their attitudes, behaviors, and beliefs surrounding alcohol and other substances. The learning module is separated into two parts; part 1 is completed before students come to campus, while part 2 is completed approximately 6-8 weeks after completion of part 1. This strategic assessment allows us to see what effect, if any, coming to Butler has on our students' drinking habits. AlcoholEdu is a mandatory requirement for incoming students, both in the Fall and Spring. If, however, a transfer student already completed the AlcoholEdu module for a previous institution, they are exempt from this requirement, but are encouraged to take the module to get Butler-specific information. This was implemented Fall 2019, Spring 2020, and Fall 2020. It is also scheduled for Spring 2021 Orientation.

360 Proof

The 360 Proof Personalized Feedback Index (PFI) is an anonymous online tool for Butler University students that provides individualized feedback about one's alcohol use. Students can

complete the PFI from a computer or mobile device. The PFI takes approximately 15 minutes to complete, and immediately delivers confidential judgment-free results. These results include strategies specifically recommended for each individual user, based on what is reported about their own alcohol use. Personalized feedback is intended to help students examine and ultimately minimize the impacts of alcohol on their health, finances, relationships, and academics.

Celebrate Responsibly

This initiative is held annually during Homecoming Week to promote lower-risk drinking and to encourage healthy bystander behavior. If students completed a 360 Proof PFI and submitted their “thank you” page to the Student Involvement & Leadership (SIL) office, they would receive points for their Homecoming team.

GEAR

GEAR Peer Educators - now called Greek Wellness Champions under BU | BeWell - are trained sorority and fraternity members who promote well-being in their chapters. They receive training in: alcohol abuse prevention, healthy relationships, and mental health issues. With this education and skills development, they are able to serve as a resource to their chapters to support their peers, and get them connected to resources on and off campus.

There are 17 members in the newest cohort (from 2020).

Marijuana E-checkup To Go

This initiative began in Fall 2018 and provided students with an opportunity to report their marijuana use and receive confidential, judgement-free feedback. However, due to the pandemic, low usage rate, and need to reduce departmental budgets, this initiative was not renewed for Fall 2020.

Campus Support Services

Student Health Services – provides individual consultation and referral for Butler students.

www.butler.edu/health-services

- Protocols have been implemented to assess patient alcohol and controlled substance abuse.
- MD manages medications for various psychiatric illnesses such as depression, anxiety, and ADD. This process starts with an intensive review of history to include current use of alcohol, tobacco, marijuana and other drugs and their potential impact on mental health and interactions with prescribed medications.
- Those treated with ADD stimulants follow strict protocols under controlled substance management:
 - Records obtained from provider who diagnosed ADD and initiated medication. Health Services will not treat ADD without formal testing.
 - Patient signs a controlled substance contract.
 - Patient submits to a prescribed urine drug testing regime.
 - Patient appears for follow up appointments at least every three months.

- Health Services obtains an INSPECT document annually to review a summary of the controlled prescribed to the patient.
- All students seen in Health Services for mental health illnesses complete a PHQ9 at each visit to monitor responses to medication and treatment.
- Narcotics are prescribed infrequently and only in cough medicine.
- Health Services involved with University Police to orient them to Narcan use, storage, and provision.

Counseling & Consultation Services - CCS provides individual assessments of students' substance abuse concerns and can either provide treatment if appropriate or refer students to local substance abuse treatment facilities. For students mandated by Student Affairs for such an assessment, there is a charge for this service. The scope of services offered by CCS does not currently include court-mandated referrals.

- CCS participated in a SAMSHA funded project to provide training to psychology graduate students in substance use disorders using a curriculum developed by APA in consultation with Dr. Carlo DiClemente. Shana Markle, PhD, HSPP provided the training program (which was approximately 8 hours) to the three doctoral interns during the 2019-2020 academic year and is in-process of doing so with the current interns of 2020-2021. The interns, in turn, are able to provide more informed substance misuse services to Butler students.
- CCS offers an alcohol and other drug education program for students either voluntarily interested in the program or mandated by another department on campus. There is a fee for attending this workshop.
- Individual and group therapy and consultation
- Refers students to nearby AA and NA meetings.
- Full-time staff psychologists available to work with students regarding alcohol and other drug concerns free of charge.
- Psychiatrist available by appointment one day every other week. Student pays for services \$150 for initial one hour appointment and \$60 for follow-up med check appointments.
- Perform mandated drug and alcohol assessments.
- Referral to local agencies and providers when appropriate.

Assessment and Care Team – consists of representatives from various campus departments with high student contact. The team meets bi-weekly throughout the academic calendar to monitor students of concern and determine if interventions/referrals to campus resources are warranted.

Alternative Social Activities

Butler Student Government Association created a “Late Night Committee” in spring 2010 and continues to this day. Late-night programming has shown to be an effective strategy for providing students alternative choices to drinking. Programming of this nature usually refers to after midnight and takes place during the first six weeks of the fall semester. A number of

Student Affairs offices contribute this effort, as well, by offering events and activities that are scheduled with this goal of offering alternative ‘things to do’ on weekends.

Policies and Resources for Butler Employees

New staff orientation is conducted every two weeks throughout the year where information about alcohol and drug policies are shared. All faculty and staff sign a policy acknowledgement form.

Relevant policies and resources are found online:

- Substance Abuse Policy www.butler.edu/hr/policies
- Staff Handbook www.butler.edu/hr/policies
- Faculty Handbook www.butler.edu/policies
- Employee Assistance Program www.butler.edu/hr/benefits/health-wellness
- No Smoking/Vaping/Nicotine Policy www.butler.edu/smokefree-campus

Community Connections

Butler University’s Health Promotion office is connected to the **Indiana Collegiate Action Network (ICAN)**. ICAN provides a number of resources and data to help move college campuses in Indiana forward with respect to alcohol reduction. Other campus partners also attend annual meetings and training opportunities.

Dr. Shana Markle, psychologist at CCS and Associate Director, has developed an ongoing relationship with the **Fairbanks Addiction Treatment Center** in Indianapolis. Fairbanks is a full-service, independent treatment facility invested in the community, including the college student population at Butler and other local universities.

Alcohol and Drug Use Data

AlcoholEdu 2019 & 2020

American College Health Association – National College Health Assessment 2020

Butler University Biennial Review 2018-20 Addenda:

- 1 Alcohol Policy for Students
- 2 Alcohol and Other Drug Committee charge from VPSA
- 3 Smoke/Vape/Nicotine official policy statement
- 4/5 Examples of Educational Social Media Posts

Alcohol Policy for Students

The primary concern of Butler University, including incidents of intoxication and/or alcohol poisoning, is the health and safety of the individuals involved. Students and student organizations are expected to summon immediate emergency medical care for students, members, or guests who are in need of assessment.

The University's policy and student conduct practices recognize and adhere to the State of Indiana's Lifeline Law (www.IndianaLifeline.org) that:

- Provides that a person is immune from arrest or prosecution for certain alcohol offenses if the arrest or prosecution is due to the person: (1) reporting a medical emergency; (2) being the victim of a sex offense; or (3) witnessing and reporting what the person believes to be a crime.
- Provides immunity for the crimes of public intoxication, minor in possession, minor in consumption, and similar laws, to persons who identify themselves to law enforcement while seeking medical assistance for a person suffering from an alcohol-related health emergency. In order to receive immunity, the reporting individual must demonstrate that they are acting in good faith by fulfilling the following expectations:
 - Providing their full name and any other relevant information at the request of law enforcement officers.
 - Remaining on the scene until law enforcement and emergency medical assistance dismiss.
 - Cooperating with all authorities.
- The Indiana Lifeline Law will not interfere with law enforcement procedures or limit the ability to prosecute for other criminal offenses such as providing alcohol to minors, operating vehicles while intoxicated, or the possession of a controlled substance.

(Note: BUPD officers will use their discretion, and consideration will be given on a case-by-case basis when marijuana is involved.)

Butler students who actively seek medical attention on the behalf of another person in accordance with the Indiana Lifeline Law, will not be charged with a violation of University policies regarding underage use and possession of alcohol. It should be recognized that,

- Those who assist in situations such as these can expect outreach from a Student Affairs staff member to discuss the incident.
- In the course of investigating an incident, if someone is found to have misrepresented their involvement, it is possible that student conduct charges could be levied.
- Student conduct action could result for other policy violations such as fake identification, causing or threatening physical harm, sexual misconduct, damage to property, unlawful provision of alcohol and other drugs, harassment, and hazing, etc. If student conduct action does result, the students' actions to secure emergency medical attention will be considered in the University's response.

Use of Alcoholic Beverages

All Butler students are responsible for complying with state and local laws. Attention is called to the Indiana alcoholic beverages law (Indiana Code 7.1-5 found here: www.in.gov/legislative/ic/code/title7.1/)

The following are violations of this policy:

- (a) No person under 21 years of age may consume or be in possession of alcoholic beverages.
- (b) Persons 21 or over may not make alcoholic beverages available to minors.
- (c) It is unacceptable to misrepresent one's age for the purpose of procuring alcoholic beverages.
- (d) Residence hall and University apartment students 21 years of age and their guests 21 years of age or older may possess and consume alcoholic beverages on an individual basis in the privacy of their own rooms, with their room doors closed. Individuals younger than 21 years of age may not be in the presence of alcohol within the residence halls/apartments.

Alcohol on University Property and at University-sponsored Events:

1. Alcoholic beverages are prohibited on campus and on the sidewalks adjacent to campus property, except as noted in (d) above or,
 - With the expressed approval of the department head responsible for the administration of a designated facility/area.
 - Student organizations wanting to sponsor an event on campus with alcohol must receive prior authorization from the Vice President for Student Affairs.

While the City of Indianapolis does permit open alcohol containers, Butler University policy does not. The exception to this rule, as noted above, is that alcohol may be served at approved events with the proper markings/area designated for alcohol consumption.

2. No University funds or monies from student organization accounts may be used to purchase alcoholic beverages without the prior authorization of the Vice President for Student Affairs.
3. Student organizations may provide alcoholic beverages at University-sponsored events on and off campus according to the social event guidelines found here: <https://www.butler.edu/student-conduct/alcohol-approach>
4. University-recognized Greek chapters may provide alcoholic beverages at events on their premises according to the Greek alcohol and social event guidelines found here: <https://www.butler.edu/student-conduct/alcohol-approach>

Updated annually: August 2019

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To: Martha Dziwlik, Shana Markle, Sarah McClure, Amy Peak, Tony Rivera, Katy Maher,
Katie Wood

From: Frank E. Ross III, Ph.D., Vice President for Student Affairs

Re: Alcohol and Other Drug Committee

Date: January 10, 2020

I write to ask you to serve as members of Butler University's Alcohol and Other Drug (AOD) Committee. The committee plays a crucial role in the University's prevention and education efforts, as it provides a space for people from a wide variety of perspectives and areas of campus to offer feedback. Each of you have been selected to serve on the committee to share your unique perspective and help ensure that our programming meets the needs of our campus.

I have asked Scott Peden to serve as committee chair. In addition, we will add student representatives from Student Government Association, Panhellenic Council, and Interfraternity Council. I have charged the committee with the following:

- Reduce high-risk behaviors associated with alcohol and substance use
- Work in an interdisciplinary and collaborative manner to review policies and programs to ensure alignment with evidence-based best practices.
- Maintain an inventory of data, programs, and policies focusing on reduction of high risk behaviors associated with alcohol and other substances in a college setting.

I ask that the committee provide me with brief updates detailing progress on these goals each semester. Additionally, I ask that you engage Bridget Yuhas, Director of Student Affairs Assessment and Planning, to provide assistance as needed.

Thank you in advance for your work in this very important area.



Smoke/Vape/Nicotine Free Policy

Policy Type: University wide
Responsible Office: Office of the President
Effective Date: February 1, 2021
Revision Date: December 1, 2020

POLICY STATEMENT

The use of any form of tobacco, nicotine, or vaping/smoking device is prohibited on the Butler University campus. This includes all buildings (including residence halls), parking structures, campus walkways, university owned, leased or rented vehicles; and privately-owned vehicles parked on university property. This policy applies to all students, faculty, staff, contractors, vendors, and visitors to all university properties.

REASON FOR POLICY

There is strong evidence of harm associated with all forms of tobacco or nicotine use, as well as evidence of harm associated with the smoking or vaping any substance. As an institution of higher education with a commitment to creating a culture of wellbeing through BU|BeWell, Butler University has an obligation to foster and promote a healthy, smoke/vape/nicotine-free environment for its students, faculty/staff, affiliates, and visitors.

ENTITIES AFFECTED BY THIS POLICY

Institutional-wide

POLICY APPROVAL

President’s Cabinet

CONTACTS

Human Resources and Student Affairs

WHAT IS INCLUDED IN THIS POLICY?

This policy encompasses all forms of tobacco, nicotine, e-liquids, electronic nicotine (and other drug) delivery devices, and any product or paraphernalia related to smoking. This policy includes, but is not limited to all tobacco and smoking/vaping related items defined in Indiana [Codes 7.1](#) and [24.3](#). Common examples include but are not limited to electronic smoking/vaping devices, e-liquids, smokeless nicotine (pouches, lozenges, etc.), smokeless tobacco (chewing tobacco/snuff, etc.), and traditional combustible cigarettes, cigars, pipes, etc. (See the codes linked above for more in-depth and detailed definitions.)

WHAT IS EXCLUDED FROM THIS POLICY?

1. Use of non-smoked/non-vaporized products approved by the Food and Drug Administration as a smoking cessation aid or for treatment of nicotine dependence is permitted.
2. Items included in this policy may be permitted as part of an approved research program, as determined by the Butler University Institutional Review Board, Institutional Biosafety Committee and/or Institutional Animal Care and Use Committee. In such circumstances, the approved program shall

include reasonable measures to protect the Butler community from adverse health effects of such use, restrict use to the smallest amount reasonably warranted for medical, scientific or research purposes, and require the safe and appropriate disposal of any remaining used or unused products or devices.

FORMS/RESOURCES

APPENDICES

HISTORY/REVISION DATES

Issue Date: February 1, 2021
Amended Date: December 1, 2020

DRAFT

IF YOU CHOOSE TO CELEBRATE HOMECOMING WITH ALCOHOL, KNOW THE LAWS AND POLICIES.



- Only people 21 and older may consume alcoholic beverages
- No one shall provide or distribute alcoholic beverages to those under the age of 21
- The consumption of alcoholic beverages is allowed only in designated tailgating areas and only for people 21 and older
- Illegal drugs are always illegal...for everyone



6 STRATEGIES TO HELP YOU CELEBRATE RESPONSIBLY

99.1% of Butler students reported using 1 or more risk reduction strategies when they party or socialize.

How will you reduce your risk?



GET THERE SAFELY

Use a designated driver or ride share app like Uber or Lyft.



EAT SOMETHING

Eat before and during, especially protein.



STICK TOGETHER

Stay with the same group of friends the entire time.



BE MINDFUL

Track how many drinks you've had.



TAKE CARE OF YOUR LIVER

Try pacing drinks to 1 or fewer per hour.



SHARING ISN'T CARING

Sharing food, drinks, or Juul's with others can quickly spread COVID-19.

These suggestions include strategies that Butler students used "most of the time" or "always" when consuming alcohol in the past year (NCHA, 2016).

