# Group Fitness Schedule

**Summer 2019 | July 8 - August 16**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
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<tbody>
<tr>
<td>12:00 - 12:45 PM</td>
<td>HATHA YOGA* KAREN</td>
<td>PIYO* JULES</td>
<td>HATHA YOGA* NICOLE</td>
<td>BODY SCULPT* NATALIE</td>
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<tr>
<td>4:00 - 4:45 PM</td>
<td>HATHA YOGA* NICOLE</td>
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<td>CYCLE* JULIE</td>
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<td>5:30 - 6:15 PM</td>
<td>ROUTINE FLOW YOGA MEGHAN</td>
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<tr>
<td>6:30 - 7:15 PM</td>
<td>CYCLE JEN</td>
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<tr>
<td>6:30 - 7:30 PM</td>
<td>CYCLE CORE MAKAYLA</td>
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<td>7:00 - 7:45 PM</td>
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<td>HATHA YOGA KIMBERLY</td>
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**Cycling** • **Dance Cardio** • **Mind/Body** • **Strength & Cardio**

**No Class**
Sunday July 28th through Saturday August 3rd for annual maintenance

All summer semester fitness classes are available to students with a valid Butler ID
*Non-member Faculty/Staff are permitted to attend the class