



# Creating Trauma Sensitive Schools

## Community Agency and School Partnerships

### We are Learning Lessons on a Daily Basis

April 13, 2018

Butler University | College of Education

Educational Neuroscience Symposium: Collaboration Workshop

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# Troubled Children and Youth

***“Troubled kids are distinguished by their regrettable ability to elicit from others exactly the opposite of what they really need.”***

**(L. Tobin)**



# Indiana School Mental Health Initiative:

## Why

- ◆ Where is the best place to improve the social, emotional, and mental health of as many people as we possibly could? Answer: Our schools.
- ◆ Stressed brains do not learn the same as brains that feel safe, feel connection, and can manage emotions.
- ◆ Resilient school staff and students lead to resilient and thriving families, and communities

*“Attachment is the carrier of all development.”*

# ISMHI: How

- **History**
- **Vision**
- **Our Approach**
  - **Community of Practice**
  - **Collective Impact**
  - **Resources & Supports**
- **Hoped for Outcomes**



# Needs Assessment/Resource Mapping

## 💧 Why?

- 💧 **Large School District**
- 💧 **Need for comprehensive student needs assessment**
  - 💧 **Help Inform decisions about service planning and partnerships**
- 💧 **Resource Mapping to identify supports and services**
  - 💧 **Help Inform decisions about service planning and partnerships**



# Community Partnerships

- ◆ **Universal Internal Referral form**
- ◆ **Memorandum of Understanding**
- ◆ **School staff informed/involved in interventions**

# Community Partnerships

- ◆ **Tier 1**
  - ◆ **Wellness class lessons**
  - ◆ **Good touch/bad touch programs**
  - ◆ **Training for all teachers**
- ◆ **Tier 2**
  - ◆ **Support Groups**
  - ◆ **Mentor Programs**
  - ◆ **Early Intervention Advocates**
- ◆ **Tier 3**
  - ◆ **Mental Health Counseling**
  - ◆ **Support Groups**
  - ◆ **Crisis Liaison**







# Build and Navigate

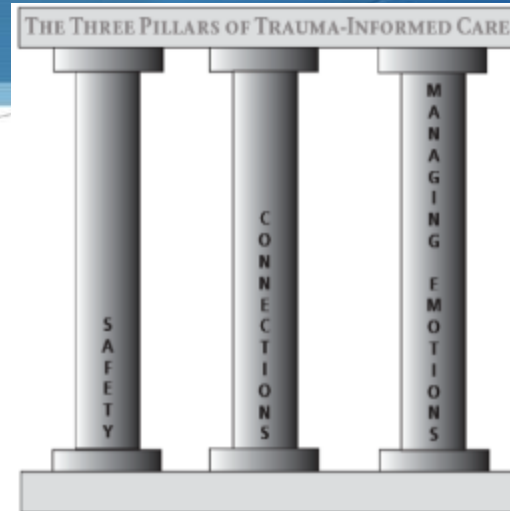
## 💧 Why?

- 💧 **Between 1 and 5 percent of students create the majority of major disruptions in our community and school settings.**
- 💧 **More than 5 percent of all students suffer from serious social/behavior challenges-Stress Behaviors**
- 💧 **Less than 20 percent of those students receive intervention specific to these challenges-and where do they receive intervention???**

## 💧 **What an opportunity to collaborate!!!!**

(Statistics from US dept of Health and Human Services)

# Cry, Laugh, Learn Repeat - Every Day



🟢 **Brief History**

🟢 **Collaboration, Cooperation,  
Share, Co-Exist**

# Cry, Laugh, Learn Repeat - Every Day

- ◆ **Vertical and Horizontal Adult Relationships**
  - ◆ **On-going (daily) learning opportunities**
  
- ◆ **Classroom-The Art of Flexibility within Structure**
  - ◆ **Student Centered Relationships, Instruction, Student Centered Relationships, Outside the Classroom Supports, Family Partnerships, Student Centered Relationships**

**“Relationships matter:  
the currency for systemic change  
[is] trust, and trust comes through  
forming healthy working  
relationships. People, not  
programs, change people.”**

**Dr. Bruce Perry**

# Thank You!

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