

# CAREER DEVELOPMENT MODEL



## DISCOVER

FIND YOURSELF.

*Before you ask any other question, ask the most fundamental question: Who am I?*

Think about and identify your strengths, interests, skills, and values through assessments, discussions, and thoughtful consideration.

## EXPLORE

INVESTIGATE POSSIBILITIES.

*How can you connect who you are with your future?*

Research and explore a variety of opportunities and experiences that align with your strengths and preferences. Ask questions. Be intentional. Find your best fit.

## PLAN

DEVELOP GOALS.

*Now that you know who you are and where you want to be, make a plan to get there.*

Define your desired outcomes and create purposeful steps to attain them. Identify possible barriers and utilize a variety of resources to help you successfully reach your goals.

## ARTICULATE

FIND THE WORDS.

*Refine your words and ideas.*

Represent yourself professionally and confidently. Highlight your most relevant experiences and attributes. Effectively showcase your accomplishments to demonstrate that you are a strong candidate.

## ACT

ACHIEVE GOALS.

*Put your plan into action.*

Apply the skills and knowledge you have gained to actively pursue opportunities that align with your goals. Continue to reflect upon your progress and refine your plan as needed.