# Part 1: Introductory Reflection

**NSF Farm Hub Project**

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| **Timing within Module:**  
| This should be completed at the beginning of the module, prior to the introductory activity.  |

| **Goal:**  
| Students will use all five senses to explore the CUE Farm. Through this exploration, they will become acquainted with their personal experiences the CUE Farm. |

| **Learning Objectives:**  
| 1. To learn methods for observing an environment such as the CUE Farm by isolating the senses.  
| 2. To connect sensory experiences with perceptions of food and how food is grown. |

| **Materials:**  
| Pens  
| Something to write on  
| Worksheet: CUE Farm Sensory Walk (provided)  
| Map: CUE Farm (provided) |

| **Preparation:**  
| Assign homework and give students directions to the farm. |

| **Length:**  
| 10 minutes plus time to walk to the farm. This lesson can be assigned as an in-class activity or as homework outside of class. |

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*For a deepening of your knowledge, attend an Institute at The Food Project*  
[http://thefoodproject.org/institute](http://thefoodproject.org/institute)

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CUE Farm Sensory Walk

In this assignment students will use all five senses to explore the CUE Farm to personally experience the place and will then answer reflection questions that connect sensory experiences to perceptions of food and how food is grown.

Instructions:
1. Go to the CUE Farm to do a sensory walk. Directions to the CUE Farm can be found at: [https://www.butler.edu/cuefarm/location](https://www.butler.edu/cuefarm/location).

2. Explore the farm’s environment by isolating and honing in on each sense. For example, to isolate your hearing close your eyes and sit or stand still. A map is provided.

3. Now write about what you experienced with each sense.
   a. Sight

   b. Hearing

   c. Smell

   d. Touch

   e. Taste (Note: You will need to use your imagination for taste: What is something you see in the garden that you would like to eat? What do you think it would taste like? Do you think it would taste different than the same product bought via conventional growing methods at the supermarket? Have you ever tried this experiment?)

4. Once your sensory walk is complete, describe an experience you have had with the food system. Have you ever been on a farm? Grown food? Helped a family member or community with their garden? What do you think it would be link to work on this farm?
CUE Farm Map

Unlabeled circles = crop trees and shrubs